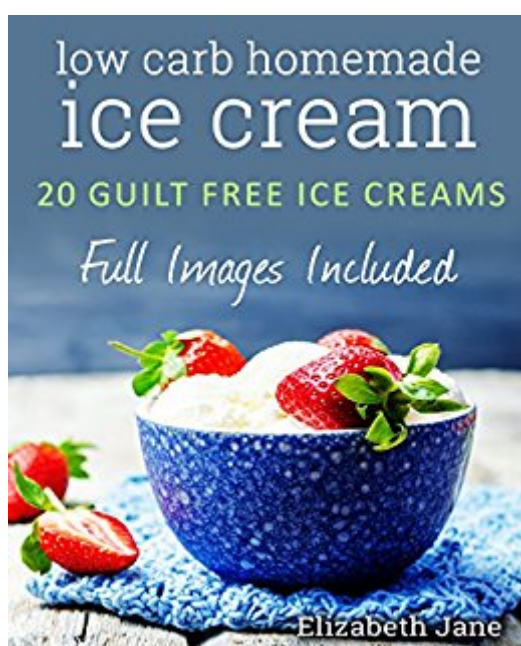


The book was found

Low Carb Homemade Ice Cream: 20 Diabetic, Paleo, Gluten Free, Guilt-Free Recipes (Elizabeth Jane Cookbook)



Synopsis

It's winter but you still want some decadent frozen desserts and ice cream! But you're on a low carb diet so what you really want is low carb ice-cream. Also Paleo and Gluten Free! This book includes 20 of my most loved ice-cream recipes that are easy to create (with or without an ice-cream maker). Includes chocolate, refreshing fruits and a great assortment of unique flavors. Chocolate Recipes Include: Double Chocolate Delight Ice Cream Choco-Chip Ice Cream with Vanilla Bean Chocolate Cinnamon Roll Ice Cream Refreshing Fruits Include: Blueberry Pancake Ice Cream Strawberry Swirl Ice Cream Peaches & Cream Ice Cream Unique Assortments Include: Pumpkin Spiced Latte Ice Cream Salted Cocoa Caramel Ice Cream Matcha Ice Cream Also learn the easiest way to make ice-cream without an ice-cream maker!

Book Information

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Customer Reviews

Great looking recipes and easy to follow

Was not what I expected. Not many recipes I want to try. Will donate book to library.

Too hard to follow. does not give exact measurements. I actually removed it from kindle. Too disappointing.

Great recipes, just what I was looking for. Thanks

wow

A little complicated

Great product

These recipes look fantastic!

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